

# Spring Training/Summer Cycling

## JUNE 2016

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b>	<b>2</b> <b>Tempo</b>	<b>3</b>	<b>4</b> <b>Klyde Ride</b>
<b>5</b>	<b>6</b>	<b>7</b> <b>Sprints</b>	<b>8</b>	<b>9</b> <b>Tempo</b>	<b>10</b>	<b>11</b> <b>Open</b>
<b>12</b>	<b>13</b>	<b>14</b> <b>P Hills</b>	<b>15</b>	<b>16</b> <b>Tempo</b>	<b>17</b>	<b>18</b> <b>Open</b>
<b>19</b>	<b>20</b>	<b>21</b> <b>Trail</b>	<b>22</b>	<b>23</b> <b>Tempo</b>	<b>24</b>	<b>25</b> <b>Lancaster</b>
<b>26</b>	<b>27</b>	<b>28</b> <b>TC Ride</b>	<b>29</b>	<b>30</b> <b>Tempo</b>		

